

Creating a Healthy LifeGroup

1. This is an open place – personal issues may be discussed.
2. This is a safe place – what is shared here does not become gossip.
3. This is a supported place- our pastor and key leaders pray for you, each group, and each group leader.
4. This is to be a caring place – concern, not criticism, creates the atmosphere.
5. Share at your level of comfort – participation in Bible reading, prayer etc. is encouraged, but not required.
6. Share only your own shortcomings, not the shortcomings of others.
7. Listen to the problems of others, do not always try to solve them.
8. Allow others in the group to speak equally – please do not dominate.
9. Do not discuss problems you have with someone at church or in your group with the group. The best approach to resolving conflict is direct communication with the individual involved (Matthew 18). Talking with others- even under the cover of “prayer,” becomes gossip.
10. Try and limit side conversations so the group can participate in the conversations together and no one misses out on something. This will be a particular challenge as the group gets larger than the recommended 8-10 people. .
11. New people are always welcome – be aware of any “insider” language.
12. We are all learners here – no one has all of the answers.
13. Try to attend each session – please let the leader know if you cannot make it.

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