

“David–Developing a Heart for God”
Study Guide Week 2
10/07/2018



Icebreaker:

What is your favorite hobby and/or way to relax?

Announcements:

Please make sure you sign up for CCB so you can stay in touch with one another, share prayer requests, and organize a snack schedule.

Read through the Guidelines for Healthy Groups

Prayer Time:

Study Questions:

Why is it often difficult to slow down and spend time praying, meditating on Scripture, and reflecting on our lives? What are some of the obstacles we face in pursuit of a reflective life?

David spent many hours in the pasture with the sheep and alone with God. Read Psalm 139:1–14– what does David know about God? Read Psalm 139:23–24. What does David ask of God?

Why is it important that we spend time apart from life’s pace to listen to God? Why is self assessment under the guidance of the Holy Spirit so important? What can happen if we neglect this discipline?

We are all in the process of “becoming.” We will become tomorrow what we focus on and prioritize today. Read Psalm 119:33–48. What role does God’s word play in David’s life? What specific benefits does God’s word bring into our lives? According to V. 48, what does David do with God’s word? How is meditation a step beyond hearing or reading?

In what ways do times of reflection protect us from danger and missteps? In what ways do times alone with God and focused on our faith keep us steady, humble, and grateful?

If God’s word and His Holy Spirit are not shaping our attitudes, thoughts, actions, and habits what shapes us? Why is it vitally important that we not merely live life but reflect on our spiritual life?

Conversational Prayer: Dear God help me...