



### **Icebreaker:**

What is your favorite and least favorite food? Has this changed over the years?

### **Announcements:**

Please make sure you sign up for CCB so you can stay in touch with one another, share prayer requests, and organize a snack schedule.

Read through the Guidelines for Healthy Groups

### **Prayer Time:**

### **Study Questions:**

What are some of the fears you had in childhood? What are some of the giants we face as adults?

Read 1 Samuel 17:1–11. What feelings and emotions did Saul and the Israelite people likely deal with in this story? What thoughts come into our minds when a giant roars into our lives? What impact can fear have on our lives, relationships,

careers, tasks, and relationship with God? How can fear paralyze us?

Read verse 16– what do we learn about this particular giant? How does the recurring nature of Goliath's taunts impact Israel? In what ways can problems get worse and giants loom larger when they remain unaddressed?

Read 1 Samuel 17:20–26. How did Saul and the Israelites make God irrelevant to their battle? What are some of the ways we can make God irrelevant to our battles?

Why did David have more courage than Saul, Eliab or his other brothers? How did David's time reflecting on his life, faith, and relationship with God equip him for this moment (see vv. 33–37)?

What do the following verses say about the importance of courage in our walk with God? What is the source of this courage? What reminds us not to fear? Joshua 1:6–9; Deuter. 31:3–6

Discuss the statement– The God who is behind us is always bigger than the giant in front of us. How can this truth impact our thought life and emotions? How does 1 John 4:18's description of this God give us even greater comfort and courage?

**Conversational Prayer:** Dear God show me...