

## **Icebreaker:**

What are your plans for Thanksgiving?

## Announcements:

Invite someone to join you for one of our three Sunday morning services.

## **Prayer Time:**

Pray for our upcoming Christmas outreaches and services. Invite a friend.

## **Study Questions:**

Why do people struggle with jealousy and envy? Why do we envy what others have and achieve? Why do become jealous of the recognition others receive? What are the kinds of things people envy? How does society and social media sometimes fuel these thoughts?

Read 1 Samuel 18:1–16. What contrast do you see here between the people's perception of David and Saul's view of David? (See v5,8,15).

Why was Saul angry and afraid? How can others make us angry and afraid when they have success and we don't?

What happens to us if we do not stop envy and jealousy in their tracks? What kinds of attitudes and behaviors easily follow these emotions? What kind of person can we become if these evil twins are not addressed?

How did Saul's spiritual condition factor into his emotional decline and struggle with envy? What would have been a better course of action for Saul to take than anger- see 1 Samuel 18:12? Why didn't Saul look inward to see what he should change rather than attacking David?

What do the following verses say about envy and jealousy- Proverbs 3:31; Proverbs 14:30; Galatians 5:16-21? How is envy countered-Galatians 5:25-26.

Discuss the stages of Saul's decline- tolerating subtle sin- tolerating lost intimacy with God- how can this impact our mind and emotions? How can this keep us from restraining the damage these evil twins do?

Where should we focus our eyes instead of on other people- See Psalm 25:1-6,15.

Conversational Prayer: Dear God help me...