



Icebreaker:

What was the first vacation you ever remember taking with your family?

Prayer Time:

Please pray for our youth pastor search... our building project... What are some needs in our group?

Study Questions:

What is one of the biggest giants you've had to face? How do most people respond to their giants? How does our culture tell us to respond? What are some of the ways we can make our giant even bigger?

Read Matthew 6:25–34. What are the giants in this passage? Should there be a difference between how people who know God respond to life's challenges and how people who don't know God respond to their giants (see verse 32)?

Why does Jesus tell us not to worry? What does worry say about our faith? How does Jesus want us to deal

with worry and anxiety? What is the antidote to worry?

Why is it important to understand that we as human beings have only a limited ability to solve all our problems? What happens when we try and control things that are beyond our control?

What do the following passages say about the best response to problems, difficulties, set backs, insecurities and attacks against us... Psalm 55:22; Philippians 4:4–9; Isaiah 26:3–4. Why is it so hard sometimes to keep our minds steadfast and fixed on God?

Read Psalm 55:1–14. What emotions was David experiencing in this passage? What easy solution crossed his mind? What does this say about dealing with our giants vs ignoring them or running from them?

Read Psalm 55:16–23. What is David's ultimate response to the attacks against him? Why are verses 22–23 so important... and encouraging? What are four things God promises to provide for His children? According to verse 23 why is it so important that we don't become a giant ourselves?

What happens when we try and control every outcome ourselves? Why is relinquishing outcomes into God's hands our most powerful move? Why is it so liberating– cf. Matthew 6:33–34

Conversational Prayer: Dear God show me...