# **LifePoint *Live***

# **Week 3 Discussion Guide Tuesday-7:00 PM on FB Live**

Welcome…

Our Crew…

Our Plans…

Guidelines for our Group Chat…

My Favorites Segment…

**Devotional Thoughts…** Another take on the theme… Greg Deardorf

**Discussion Questions**

**(Feel free to join the group chat on-line- we will take questions later but for now send us your thoughts on these questions- we can’t get to everyone but we’d love some on-line feedback. Join the group…)**

What are some of the things you miss most because for social distancing? What do you look forward to most when this is over? Would you volunteer to go full scale Chris Farley at church the week we are able to meet again?

Why are we so prone to worry? Why do we worry even when we know it’s a bad idea? How does social isolation potentially make our worry worse?

Read Matthew 14:22-33. What enabled Peter to walk on water? Where was he focused when this miracle took place? What do you think was Peter’s mental/emotional state when he was walking on the water?

Describe a time when you noticed your emotions being linked to your thoughts- a time you made yourself sad… happy… angry. What are your thoughts on the “meeting a friend at a restaurant” analogy?

What changed in Peter’s mind to allow fear to overtake him? See VERSE 30. How can our hyperfocus- even obsession- with this virus, pandemic death rates, breaking news, and scary headlines make the storm bigger? What are some ways we can stay informed about this virus while also being careful not to feed our minds every worse case scenario?

Discuss the statement- what you feed grows. What do the following verses say about feeding our faith and not our fears- Philippians 4:4-7; 8-9 1 Peter 5:7; Psalm 119:165; Isaiah 26:3;

Why is it so important to remember what other people are going through even when we face our own storms? Peter shifted hard into self protection mode when he began to sink. Many people today- as they fight for TP- are doing the same? Why are we so inclined to tilt inward and forget others like Peter forgot those sinking in the boat right near him?

Read- Matthew 11:28-30. What happens to us when we exchange our personal anxieties for Kingdom initiatives- honoring God- loving and serving others? What are some ways we can channel our anxiety into active concern for others? What practical suggestion from Sunday can you begin to practice? What suggestion would you add to the list?

**Q and A**

**Prayer Time**