LifePoint CHURCH

➢ *Icebreaker*

What is your favorite animal and why? What animal do you think best describes your personality ☺?

➢ *Announcements*

It's not too late to invite someone to join your group for this session of LifeGroups.

➢ *Prayer Time*

➢ *Discussion Questions*

How have you seen words used in positive and helpful ways... in hurtful and negative ways? What do imagine it's like to "walk on eggshells" around someone?

According to Colossians 3:8-9; Ephesians 4:29-31; Ephesians 5:3-7 what specifically are we to get rid of from our lives?

How do these negative qualities impact relationships? Which of these qualities do you think is most dangerous? Why are we so prone to talk to others, and treat others, in these ways?

Proverbs is a book packed with admonitions and teaching about the power (for good or ill) of the tongue. Read and comment on the following verses: Proverbs 10:19; 12:18; 13:3; 15:1; 16:24; 17:9,27-28; 18:21; 25:11; 29:20. What here stands out to you as something to avoid... something to build into your vocabulary?

Read Colossians 3:12-17; Ephesians 4:32-5:2. Go one verse at a time through each passage and discuss what we as Christ followers are to add into our lives. If we embody these qualities, what impact would we have on our marriage partner, our friends, our enemies, those in our church family? How would our distinctiveness corporately as Jesus' body (the church) impact the world around us?

Discuss the statement- *"Other people don't create your spirit- they reveal your spirit."* Why are we so inclined to blame others for how we act?   How can the difficult person- the person who rubs us the wrong way- the one whom we don't understand or even like very much actually be a gift to us? What, according to Colossians 3:9-10, Ephesians 5:1 and Philippians 2:12-15 is God more concerned about?

What would others say seeps out of your life- "grace or garlic?" What kind of wardrobe change do you need to make today?

> *Conversational Prayer: Dear God help me...*